

Become a Certified Wellness Recovery Action Plan Facilitator



Help others through their recovery journey by earning your certification to facilitate WRAP classes

**December 17-21, 2018
8:30 am – 4:00 pm**

Help others apply five key concepts:

Hope
Responsibility

Education
Support
Self-Advocacy

Cost: \$750/person
(includes required facilitator manual)

Location: The Summit
1027 W. Rudisill Blvd
Fort Wayne, IN 46807

Eligibility: Facilitators must self-identify as a person in recovery of a mental health condition and/or Substance Use Disorder. Facilitators must first participate in a WRAP class – these will be offered on-site prior to training for those that have not attended WRAP.

To register, visit <https://decwrapfacilitator.eventbrite.com>

What to expect at Wellness Recovery Action Plan (WRAP) Facilitator Training

WRAP guides people through the process of discovering their own personal resources and then using those resources to be well, stay well and effectively deal with life challenges, improving health and quality of life over time.

This course is five intensive days that prepares participants to facilitate WRAP® classes and equips them with the skills and materials to facilitate classes in their community and organization. The WRAP® Facilitator training provides an experiential learning environment based on mutuality and self-determination. Participants in this course will be expected to participate in interactive learning activities and demonstrate their own experience with WRAP.

This training is appropriate for anyone who would like to lead WRAP® groups, work with others to develop their own WRAP and give presentations on mental health recovery related issues to groups or organizations. Participants are expected to have a solid working knowledge of WRAP and share their experiential knowledge of how WRAP can work.

Before attending the training, it is expected that you have familiarity with the different parts of WRAP through completion of one of the following prerequisites (which must be conducted by a WRAP Facilitator):

- 2-day Seminar I course or workshop (offered at Mental Health America)
- Seminar I correspondence course (online only through the Copeland Center)
- 8 or 12 week Seminar I group or workshop
- WRAP Retreat (Copeland Center only)

For more information about WRAP, visit
<https://copelandcenter.com/wellness-recovery-action-plan-wrap>

For more information please call
Mental Health America of Northeast Indiana at 260.422.6441
or email RMcComb@mhanortheastindiana.org