

The Stigma of Mental Health: Overcoming Barriers to Treatment

According to the Centers for Disease Control and Prevention, children must have good mental health to reach their full potential. Mentally healthy children reach developmental and emotional milestones, learn beneficial social skills, and have a positive healthy quality of life in home, school and in their communities.

Mental Health America reports that 76% of youth in the United States do not receive treatment for mental health issues. Stigma is a key barrier that prevents youth from seeking or continuing the mental health treatment they need. By reducing stigma, we can create an environment that offers hope and acceptance to those who currently suffer in silence.

Join us for this presentation to better understand what stigma is and the impact stigma has on individuals and communities. We will discuss how to identify and overcome stigma in ourselves and our communities in order to help improve mental health outcomes for youth.

Speaker:

Jessica Hanna, Education and Outreach Specialist, Mental Health America Northeast Indiana

Jessica Hanna provides training to further understanding about mental health awareness and substance use disorders for the community. Jessica is a certified trainer for QPR and Youth Mental Health First Aid.

Community Partners:

[Huntington County Community Schools Corp.](#)
[United Way of Huntington County](#)
[Huntington County Community Learning Center](#)
Early Learning Alliance

Thursday, June 13, 2019

11:30 am - 1:00 pm

Crestview Middle School - Auditoria

[1151 500 N., Huntington, IN 46750](#)

260-356-6210

RSVP via [Huntington County YWC.](#)

If you have trouble with link,
please go to [www.iyi.org/ywc](#)
or email [Debbie Jones.](#)

FREE: Lunch will be provided.

Connect:

Feel free to bring your program or resource information to share.



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For more information about this event or the Indiana Youth Institute, contact IYI Outreach Manager [Juanita Goodwell](#)