

## Introduction

In a 2022 report from Mental Health America National, Indiana ranked *last* among all 50 states (including D.C.) with the highest per capita number of residents in need of care for depression, suicide, trauma, and psychosis. We rank:

- 51st in depression
- 50th in suicide
- 49th in trauma
- 48th in PTSD
- 47th in psychosis



At Mental Health America of Northeast Indiana (MHANI), we want to change that. With evidence-based education, peer support programs, advocacy for protected persons, and collaboration in our community, we believe we can.

Thank you for joining us in this mission that we cannot do on our own!

Tara Holliday, Executive Director

## **Our Board of Directors**

Rachel Steinhofer, President Barrett McNagny, LLP

**Sarah Bridgwater, Vice President** Community Member

**Kevin Hunter, Secretary**Fort Wayne Police Department

**Joshua Fern, Treasurer** First Financial Bank

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**Dr. John Newbauer** *Psychologist* 

Michelle Starnes Healing Perspectives Counseling

**Ted Storer** Beers Mallers LLP

**Dr. Kristen Varian** *Parkview Health* 

**Katie Yarnelle** Hunt Suedhoff Kearney LLP

## **Our Program Impact**

The mission of Mental Health America of Northeast Indiana (MHANI) is to promote the mental and emotional health of our community by offering advocacy, education, support services, and hope.

Our three programs: Education, Guardianship, and Peer Support help create a community that embraces individuals with mental health challenges, promotes recovery, and fosters wellness.



#### 645

community members and professionals received high quality mental health trainings



#### 143

senior adults and adults with disabilities were protected by dedicated professional guardians



#### 269

community members participated in Peer Support courses and groups, helping them overcome mental health challenges

# **Closing Cedars Hope**

Cedars Hope officially closed on April 20, 2022, after serving as transitional housing for women with mental health diagnoses in Northeast Indiana since 1994. MHANI's Board of Directors voted to wind down the Cedars Hope residential program at the end of 2021. While many complex factors played a role, staffing and funding challenges primarily contributed to the decision.

Transitioning the remaining residents to new and appropriate housing was a joint effort, aided by an agreement with Brightpoint which made Cedars Hope residents officially part of Brightpoint's housing program, ensuring no lapse in their housing status.

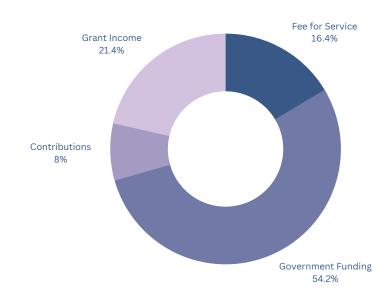
MHANI staff worked diligently to ensure a successful transition by helping residents prepare for taking over their own responsibilities like transportation, food, etc.

All former residents continued to work with their Case Managers and Life Skills Coaches from area providers during their transition. Communication between MHANI and former residents remains open; we enjoy receiving updates about their accomplishments and their new homes.

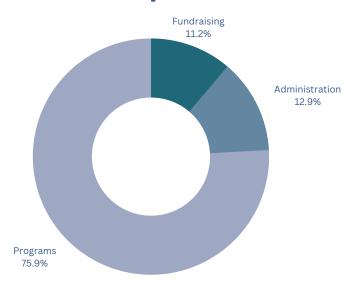
# **Financial Summary**

Revenue and expenses for 2022 are based on unaudited financials.

#### 2022 Revenue



### **2022 Expenses**



# We thank you for your continued support!

Mental Health America of Northeast Indiana programming is supported in part by generous donors from our community. We are so grateful for their support. The impact shared in this report would not have been possible without them.

For a complete list of 2022 donors, please visit: mhanortheastindiana.org

#### **Contact**